

2012-2013 Catalog

Name: _____ ID#: _____ Date: _____

Exercise and Sport Science: Coaching 48 units

Core: 30 units

		Tr/CU	Grade	Transfer course approved
Bio 246: Human Anatomy & Physiology I	4	_____	_____	_____
Bio 247: Human Anatomy & Physiology II	4	_____	_____	_____
ESS 110: CPR/First Aid	1	_____	_____	_____
ESS 304: Motor Learning & Control	3	_____	_____	_____
ESS 320: Hist/Social/Cult Foundations	3	_____	_____	_____
ESS 350: Sport Law	3	_____	_____	_____
ESS 365: Sport Psychology	3	_____	_____	_____
ESS 406: Physiology of Exercise	3	_____	_____	_____
ESS 407: Kinesiology	3	_____	_____	_____
ESS 410: Measurement/Eval of Exercise	3	_____	_____	_____

Coaching Emphasis: 18 units

ESS 222: Org & Management of Sport	3	_____	_____	_____
ESS 225: Prin / Wght Trng & Cross Trng	3	_____	_____	_____
ESS 306: Nutrition	3	_____	_____	_____
ESS 308: Care and Prev of Athl Injuries	3	_____	_____	_____
ESS 360: Principles of Coaching	3	_____	_____	_____
ESS 394: Coaching Practicum	3	_____	_____	_____

Note: All transfer courses applicable to a major must be approved by the appropriate department.
Substitution forms are available in the Academic Advising Office.